

Mountain
Stream
Meditation



Clarifying Life Purpose



Half Day Retreat with
Ken Bradford ~ In Person Only

SUNDAY, DECEMBER 17, 2023

10:00 AM TO 1:00 PM

Nevada City Insight Center

710 Zion St, Nevada City, CA 95959

As another year turns, we will take a morning, take a breath, take a clarifying look within to sense how truly we are living life in attunement with our deepest aspiration.

Cutting through the chatter, we will dip into stillness and open to inner guidance: To what do I devote my life?

Inquiry & guided meditation will be combined with teaching and discussion.

Pre-registration is required

Contact juanita@mtstream.org

Registration sliding scale \$30 - \$45

Limited scholarships available



mtstream.org/retreat-schedule

Dana: During the daylong, there is an opportunity to offer a financial donation to Ken as part of the Buddhist practice of *dana* (the practice of giving and receiving). A basket will be available, as well as a link for credit card donations. All offerings are gratefully received.